Are You Really Ready?



Emergencies and disasters can happen anytime, anywhere, and to anyone—sometimes without warning. Being prepared is important for you and your family's safety and well-being.

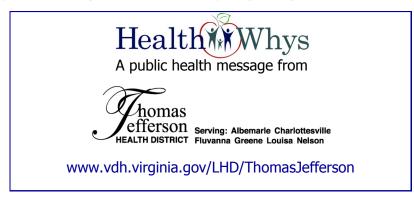


How should you prepare for an emergency?

- 1. Get a kit—Have supplies for 3 days for each person in your home
 - ✓ 3 gallons of water/person
 - ✓ Prescription medicine
 - ✓ First aid kit
 - ✓ Battery-powered radio, extra batteries
 - ✓ Flashlight and extra batteries

- ✓ Blankets or sleeping bags
- ✓ Toiletries
- ✓ Pet needs
- Canned or packaged food, manual can opener
- ✓ Special items for babies, elderly, or disabled
- **2. Make a plan**—Know where you, your family, and your pets will go if you have to leave your home:
 - Decide on a family meeting place
 - Choose an out-of-town person as a family point of contact
 - Keep important phone numbers with you at all times
 - Find out how your children's schools will notify you in an emergency
- 3. Stay informed—
 - Before, during, and after the emergency by tuning in to local radio and TV stations
 - Local media will provide details about evacuation routes, shelters, and how to stay safe

For more information go to: www.readyvirginia.gov





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